

# CONSULTANTS IN NEUROLOGY, S.C.

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## EPILEPSY

Today's Date

Last Name First MI  
Date of Birth Age

### GENERAL PATIENT INFORMATION

You must complete or already have on file the **patient medical history short form** or **long form**. Please make sure that all of the information on your medical history form is updated including phone numbers, addresses and insurance information.

Answer the following questions and bring the answers to your appointment.

### PRESENT ILLNESS - EPILEPSY

How long have you had seizures?

Do you have any of the following risk factors for seizures?

Birth injury Febrile seizure  
Prior neurosurgery Head injury  
Stroke

Indicate the type of seizures and the frequency (number of seizures per week):

Simple Partial /week  
Complex Partial /week  
Generalized Tonic Clonic (grand mal) /week  
Myoclonic (jerks) /week  
Absence (staring spells) /week  
Atonic (drop seizures) /week  
Tonic (stiffening seizures) /week  
Any other type /week

Describe:

Can you tell if you are about to have a seizure? Yes No

If YES, please explain:

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**MEDICATIONS**

What are your current medications, include hormones, birth control pills, vitamins, etc. (Name and amount/day)?

| Medication | Amount | Medication | Amount |
|------------|--------|------------|--------|
| 1          |        | 6          |        |
| 2          |        | 7          |        |
| 3          |        | 8          |        |
| 4          |        | 9          |        |
| 5          |        | 10         |        |

List all seizure medications you have previously tried:

List any side effects to previous seizure medications:

List any allergies to medications:

Are you taking oral contraceptive pills?    Yes                      No            If YES, how long?

Do you take any herbal supplements?    Yes                      No

**PAST MEDICAL HISTORY, REVIEW OF SYSTEMS**

Check health issues you currently have or have had in the past:

**General Health Problems**

- |                            |                             |                  |
|----------------------------|-----------------------------|------------------|
| Abdominal Pain             | Back Pain                   | Blurred vision   |
| Change in vision           | Chest pain                  | Constipation     |
| Diarrhea                   | Diabetes                    | Dizziness        |
| Double vision              | Easy fatigue                | Headaches        |
| Hearing problems           | Heart problems              | High cholesterol |
| High or low blood pressure | Leg swelling                | Loss of appetite |
| Loss of vision             | Migraine or other headaches | Muscle cramps    |

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Muscle wasting

Nausea

Neck Pain

Palpitations (abnormal or fast beating of the heart)

Pain in back of jaw (TMJ)

Shortness of breath

Stomach Pain

Vomiting

Weakness

Weight gain/loss

Other pain, location or type:

## Psychological Problems

Treatment by a psychiatrist or counselor

Depression or unusual amounts of stress

Panic Attacks

## Cancer

What type:

15 lb or more weight loss

## Systemic Diseases

AIDS

## Metabolic Problems

Arthritis

Kidney problems

Blood diseases, anemia

Dialysis

Liver disease

Fevers or swollen glands

Low sugar (hypoglycemia)

Skin diseases

Thyroid disorders

Lupus

Syphilis or venereal disease

Mononucleosis (Epstein Barr)

Lyme disease

Meningitis

Tuberculosis (TB)

## Eye Problems

Crossed eyes, lazy eye

Poor vision in one eye (amblyopia)

## Neurological Problems

Bladder problems

Tremor or incoordination

Problems with sexual function

Trouble speaking

Loss of consciousness (faints or seizures)

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Pins and needles, numbness (where)

Muscle weakness (where)

## Surgeries

|           |        |              |              |
|-----------|--------|--------------|--------------|
| Appendix  | Breast | Cataract     | Carotid      |
| C-Section | Ear    | Gall Bladder | Hysterectomy |
| Prostate  | Sinus  | Stomach      | Tonsils      |

Other:

## LIFE STYLE - HABITS

Educational level completed:

|              |             |         |               |
|--------------|-------------|---------|---------------|
| Grade school | High school | College | Post graduate |
|--------------|-------------|---------|---------------|

Are you currently receiving disability?      Yes      No      If YES, how long?

Living arrangements:

|            |                         |              |        |
|------------|-------------------------|--------------|--------|
| Live alone | With spouse or roommate | With parents | Other: |
|------------|-------------------------|--------------|--------|

Have you ever had a car accident?      Yes      No

If YES, please explain:

How many alcoholic drinks per week?      None

Do you smoke cigarettes, cigars or pipes ?      No      Yes

How many caffeinated drinks per day?      None      More than 4

Do you have regular sleep/wake patterns ?      No      Yes

Do you salt your food?      No      Moderate      Lots

Are you currently involved in litigation with respect to any medical problems ?      No      Yes

Are you usually highly stressed?      No      Yes

Do you usually eat 3 meals/day?      No      Yes

## INJURIES (Check and date)

Head      date

Neck (for example whiplash)      date

Dental work      date

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## EXPOSURES OR INFECTIONS: (Check and date)

|                                |      |
|--------------------------------|------|
| Carbon Monoxide (car or house) | date |
| Tuberculosis or Cysticercosis  | date |
| History of meningitis          | date |

## FAMILY HISTORY

Are there any **family members** with:

|  |                                      |
|--|--------------------------------------|
| Stroke                                       | Diabetes                             |
| Seizures                                     | Heart disease or high blood pressure |
| Migraine headaches                           |                                      |
| Other diseases that run in the family (list) |                                      |

## GENERAL MEDICAL TESTS

|   |       |
|---|-------|
| Recent general medical checkup?               | Date: |
| Recent blood tests (Glucose, blood count)     | Date: |
| Heart test (EKG, Stress test, Holter Monitor) | Date: |

## SLEEP PROBLEMS – THE EPWORTH SLEEPINESS SCALE

How likely are you to doze off or fall asleep, in contrast to just feeling tired, in the following situations? This refers to your usual way of life in recent times. Even if you have not done a particular activity recently, try to work out how they would have affected you. Check your chance of dozing or falling asleep as: would never doze, slight chance of dozing, moderate chance of dozing, high chance of dozing or falling asleep.

|   |         |          |            |        |
|---|---------|----------|------------|--------|
| Sitting and reading                               | 0-Never | 1-Slight | 2-Moderate | 3-High |
| Watching television                               | 0-Never | 1-Slight | 2-Moderate | 3-High |
| Sitting inactive in a public place (e.g. theater) | 0-Never | 1-Slight | 2-Moderate | 3-High |
| As a passenger in a car for an hour               | 0-Never | 1-Slight | 2-Moderate | 3-High |
| Lying down to rest in the afternoon               | 0-Never | 1-Slight | 2-Moderate | 3-High |
| Sitting and talking to someone                    | 0-Never | 1-Slight | 2-Moderate | 3-High |
| Sitting quietly after lunch without alcohol       | 0-Never | 1-Slight | 2-Moderate | 3-High |
| In a car, stopped in traffic                      | 0-Never | 1-Slight | 2-Moderate | 3-High |

Total Points:

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Answer the following as: Never, Sometimes, Often, Always

|  |         |        |         |          |
|--|---------|--------|---------|----------|
| Do you fall asleep or get sleepy when driving?   | 0-Never | 1-Some | 2-Often | 3-Always |
| Do you fall asleep or get sleepy when at work?   | 0-Never | 1-Some | 2-Often | 3-Always |
| Do you take intentional naps?  | 0-Never | 1-Some | 2-Often | 3-Always |
| Do you experience short periods of muscle weakness or loss of muscle control (especially with laughter or excitement)?   | 0-Never | 1-Some | 2-Often | 3-Always |
| Do you experience vivid dreamlike episodes when falling asleep?  | 0-Never | 1-Some | 2-Often | 3-Always |
| Do you feel unable to move (paralyzed) when falling asleep?  | 0-Never | 1-Some | 2-Often | 3-Always |
| Do you ever experience an uncomfortable or restless sensation in your legs when you relax or are first going to sleep, that is relieved by moving or getting out of bed and walking? | 0-Never | 1-Some | 2-Often | 3-Always |

Total Points: