Raymond Rybicki, M.D.

Racine Office 3805-B Spring St., Suite 120 Racine, WI 53405 ConsultantsInNeurology.com
Phone (262) 631-8550
FAX (262) 631-8557

Kenosha Office 3601 30th Ave., Suite 201 Kenosha, WI 53144

STROKE

Today's Date

Last Name First MI

Date of Birth Age

GENERAL PATIENT INFORMATION

You must complete or already have on file the *patient medical history short form* or *long form*. Please make sure that all of the information on your medical history form is updated including phone numbers, addresses and insurance information.

Answer the following questions and bring the answers to your appointment.

PRESENT ILLNESS - STROKE

When did the stroke occur?

When were you last "normal"?

Do you have a history of seizures or convulsions? Yes No Unknown

Have you had a previous stroke? Yes No Unknown

If YES, when?

If YES, what side of the body was affected? Right Left

Are you on blood thinner medication? Yes No Unknown

If YES, what medication?

If YES, when was it last taken?

If YES, is the medication taken consistently as ordered? Yes No Unknown

Did you or anyone in your family have a stroke at a young age?

Yes

No

Unknown

What tests or studies have been done in the evaluation of your stroke?

MRI of the brain Carotoid Ultrasound Cerebral Angiogram

ECHO Cardiogram Blood tests Hypercoag panel

CT angiogram MR angiogram Other

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Do you have a history of previous strokes? Yes No Unknown

If YES, when did they occur?

If YES, what were your symptoms?

Do you have atrial fibrillation or a heart arrhythmia? Yes No Unknown

MEDICATIONS

What are your current medications, include hormones, birth control pills, vitamins, etc. (Name and amount/day)?

Medication	Amount	Medication	Amount
1		6	
2		7	
3		8	
4		9	
5		10	

Are you taking oral contraceptive pills? Yes No If YES, how long?

Do you take any herbal supplements? Yes No

PAST MEDICAL HISTORY, REVIEW OF SYSTEMS

Check health issues you currently have or have had in the past:

General Health Problems Psychological Problems

Heart problems Treatment by a psychiatrist or counselor

High cholesterol Depression or unusual amounts of stress

High or low blood pressure Panic Attacks

Diabetes

Palpitations (abnormal or fast beating of the heart)

Pain in back of jaw (TMJ)

Migraine or other headaches

Other pain, location or type:

Cancer

What type: 15 lb or more weight loss

Systemic Diseases

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AIDS

Metabolic Problems

Arthritis Kidney problems

Blood diseases, anemia Dialysis

Liver disease Fevers or swollen glands

Low sugar (hypoglycemia) Skin diseases

Thyroid disorders Lupus

Syphilis or venereal disease Mononucleosis (Epstein Barr)

Lyme disease Meningitis

Tuberculosis (TB)

Eye Problems

Crossed eyes, lazy eye Poor vision in one eye (amblyopia)

Neurological Problems

Bladder problems Tremor or incoordination

Problems with sexual function Trouble speaking

Loss of consciousness (faints or seizures)

Pins and needles, numbness (where)

Muscle weakness (where)

Surgeries

Appendix Breast Cataract Carotid

C-Section Ear Gall Bladder Hysterectomy

Prostate Sinus Stomach Tonsils

Other:

LIFE STYLE - HABITS

How many alcoholic drinks per week? None

Do you smoke cigarettes, cigars or pipes ? No Yes

How many caffeinated drinks per day?

None

More than 4

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Do you have regular sleep/wake patterns? No Yes Do you salt your food? No Moderate Lots Are you currently involved in litigation with respect to any medical problems? Yes No Are you usually highly stressed? Yes No Do you usually eat 3 meals/day? No Yes **INJURIES** (Check and date) Head date Neck (for example whiplash) date Dental work preceding onset of headache date **EXPOSURES OR INFECTIONS:** (Check and date)

Carbon Monoxide (car or house) date Tuberculosis or Cysticercosis date History of meningitis date

FAMILY HISTORY

Are there any **family members** with:

Stroke

Diabetes

Heart disease or high blood pressure

Migraine headaches

Other diseases that run in the family (list)

GENERAL MEDICAL TESTS

Recent general medical checkup? Date Recent blood tests (Glucose, blood count) Date Heart test (EKG, Stress test, Holter Monitor) Date

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SLEEP PROBLEMS - THE EPWORTH SLEEPINESS SCALE

How likely are you to <u>doze off or fall asleep</u>, in contrast to just feeling tired, in the following situations? This refers to your usual way of life in recent times. Even if you have not done a particular activity recently, try to work out how they would have affected you. Check your chance of dozing or falling asleep as: would never doze, slight chance of dozing, moderate chance of dozing, high chance of dozing or falling asleep.

Sitting and reading	0-Never	1-Slight	2-Moderate	3-High	
Watching television	0-Never	1-Slight	2-Moderate	3-High	
Sitting inactive in a public place (e.g. theater)	0-Never	1-Slight	2-Moderate	3-High	
As a passenger in a car for an hour	0-Never	1-Slight	2-Moderate	3-High	
Lying down to rest in the afternoon	0-Never	1-Slight	2-Moderate	3-High	
Sitting and talking to someone	0-Never	1-Slight	2-Moderate	3-High	
Sitting quietly after lunch without alcohol	0-Never	1-Slight	2-Moderate	3-High	
In a car, stopped in traffic	0-Never	1-Slight	2-Moderate	3-High	
Total points this section:					
Answer the following as: Never, Sometimes, Often, Always					
Do you fall asleep or get sleepy when driving?	0-Never	1-Some	2-Often	3-Always	
Do you fall asleep or get sleepy when at work?	0-Never	1-Some	2-Often	3-Always	
Do you take intentional naps?	0-Never	1-Some	2-Often	3-Always	
Do you experience short periods of muscle weakness or loss of muscle control (especially with laughter or excitement)?	0-Never	1-Some	2-Often	3-Always	
Do you experience vivid dreamlike episodes when falling asleep?	0-Never	1-Some	2-Often	3-Always	
Do you feel unable to move (paralyzed) when falling asleep?	0-Never	1-Some	2-Often	3-Always	
Do you ever experience an uncomfortable or restless sensation in your legs when you relax or are first going to sleep, that is relieved by moving or getting out of bed and walking?	0-Never	1-Some	2-Often	3-Always	

Total points this section:

Combined total points both sections: